



# My Life True North Program

## 2026

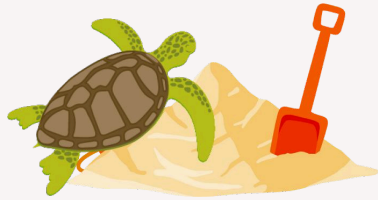
Mon 5 Jan



### Sponge Water Bomb Making

Cool off by making and playing with sponge water bombs. It's a splash-tastic day! Afternoon shell and driftwood collection

Tue 6 Jan



### Sea Creature Sand Modelling

Join us for sea creature sand modelling. In the afternoon, unwind with painting and card games in the shade of the trees.

Wed 7 Jan



### Shark Bay Visit

A relaxed day at Shark Bay with options including a water fight, a South Wall walk, fishing, and rock pool exploration.

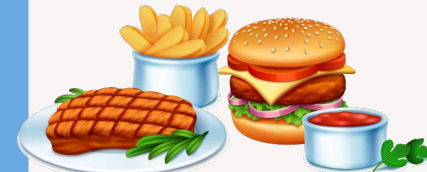
Thu 8 Jan



### Aviation Museum, Driftwood and Shell Creations

Explore the Aviation Museum in the morning, then create a driftwood and shell artwork in the afternoon.

Fri 9 Jan



### Tie Dying, Pub Lunch and Smoothie Making

Join us for lunch at the Illawong Hotel before making delicious smoothies to close out our first week

Mon 12 Jan



### Fishing

Spend time visiting the Evans Head Fishermen's Co-op, learning about local fishing and the region, followed by a relaxed lunch of fish and chips.

Tue 13 Jan



### Gourmet Pancake Making

Make and enjoy pancakes together at Razorback Lookout, taking in the stunning views.

Wed 14 Jan



### Living Museum and Yoga

Visit the Living Museum in the morning to explore local stories, then enjoy a gentle yoga session in the afternoon to relax and unwind.

Thu 15 Jan



### Treasure Hunt

Join a treasure hunt around Evans Head, exploring the town and searching for clues in a fun, social scavenger hunt.

Fri 16 Jan



### Sports Day

Enjoy a game of barefoot bowls at Evans Head Bowling Club, offering a fun and social way to connect and unwind.