

Support Planning

About this document

This information is written in an easy to read way



We use pictures to explain some ideas



You can ask for help to read this information



A family member, friend or support person may be able to help you



How do we provide NDIS support at Achieve Australia?

We work with each person and their support network to check support needs and develop a Support Plan



The Support Plan will show how we will work together to achieve goals



We will review the Support Plan with each person and their support network **at least once a year**



This is to make sure it is meeting each person's needs and goals



If not it is not meeting their goals, it will be changed



We make sure that our workers are trained to understand each person's needs and preferences.



About our Supports

We provide respite for families by providing a home away from home for child and adult participants.



We can assist you in your home with daily task such as:

Help you cook and plan your meals



Getting ready for school and/or work



Personal Care like showering, dressing and other daily activities



Supporting you with community-based activities



Supporting you to socialise with your family and friends



Can I have my friend or family member help me decide?

Yes you can choose a person to help you make decisions



What if I change my mind?

It is **OK** to change your mind



We will support you with every choice that you make



Achieve Australia

Contact Details

You can speak to someone at our head office:



Suite 1.01, 1 Epping Road
North Ryde NSW 2113



You can call us on:
1300 22 44 38



You can visit our website:
www.achieveaustralia.org.au